



**Welcome to Bunny Tales - Summer 2022 Edition**



**Karen O'Mullan has relocated to Bakersfield California taking a teaching position and will not be president for her 2nd term. - she will be missed as we enjoyed and appreciated her leadership. Well Wishes and hope to and remain friends always!!**



## **President Suzanne Walker Takes the Reins**

PRESIDENTS MESSAGE "Together We Create A Rainbow of Possibilities" Since our Installation Ceremonies in June 2022, when I thought we were considered "DARK" for July and August. The Club has been exceptionally busy. We started the year with our Planning Retreat on July 9th at my home. Ten members were in attendance. To get our creative juices flowing and gather our thoughts, Jacque Turner prepared an IceBreaker Game. It gave us a little insight as to how some of us think. It was a fun activity. The "Live Your Dream" portal opened on August 1st with Debbie Cutler, Chairman and Susanne White, Co-Chair. It is our hope to receive the same or more applicants as in previous years. The Club members are preparing for our 20th Annual Margarita MixOff to be held September 8th at The Gardens at Los Robles Greens Golf Course. Dixie DiCeglie will be Chairman. Assisted by Silent Auction and Raffle Committee, Sherry Love and Sandy McDougall. On September 20th we will have our Service Award Banquet. Leslie Escoto is our Service Award Chair and she has worked diligently to be able to present the Club with ten very worthy organizations, We have chosen five and will be presenting a total of \$7000. SIOCV has received a \$2000 Grant from SIA to be used for our "Dream It Be It" Program for 2023. We have partnered with the Girl Scouts. Ramona Evey, Chairman, has already been busy with the planning stage. We are looking forward to some interesting speakers for our Program Meetings. Sherry Love has volunteered to Chair. We continue to donate bags of necessary items to Heart House, to be used for victims of Human Trafficking. Each of you is so important to the continued success of our Club. I consider it an exceptional opportunity to work with you and an honor to serve as your President. Suzanne

# ***SAVE THE DATE!***



**SOROPTIMIST®**

Investing in Dreams

SOROPTIMIST INTERNATIONAL OF CONEJO VALLEY

## **ADMISSION:**

**\$45 ADVANCE PURCHASE**

**\$50 AT DOOR**



**SEPTEMBER 8, 2022**

**5:30 PM - 8:00 PM**

THE GARDENS  
LOS ROBLES GREENS  
299 S. MOORPARK ROAD  
THOUSAND OAKS, CA 91361

Vote for "Best In The West" Margarita!  
Enjoy tastings of margaritas, food, music & fun!

**20th Annual  
Margarita  
Mixoff  
& More**

Buy Tickets at  
**SICONEJO.ORG**



The **Live Your Dream: Education & Training Awards for Women®** is now open for applications! And this year's application season marks the 50th anniversary of this life-transforming program. Isn't that exciting?

Since 1972, Soroptimists have distributed more than \$39 million in education grants through the *Live Your Dream Awards* and helped over 39,000 women make a better life for themselves and their families. By empowering women to change their lives, the award has paved the way for new generations of independent, educated, and financially secure women and families, who in turn give back to their communities and countries.

**August 1 through November 15 marks the annual award application period**, in which eligible women may apply for the award by submitting their application to a club near them (or by applying through the online application portal if located in the U.S. or Canada).

If you know of any candidates please contact Debbie Cutler Our Live Your Dream Chairperson. Cell number 805-218-7066



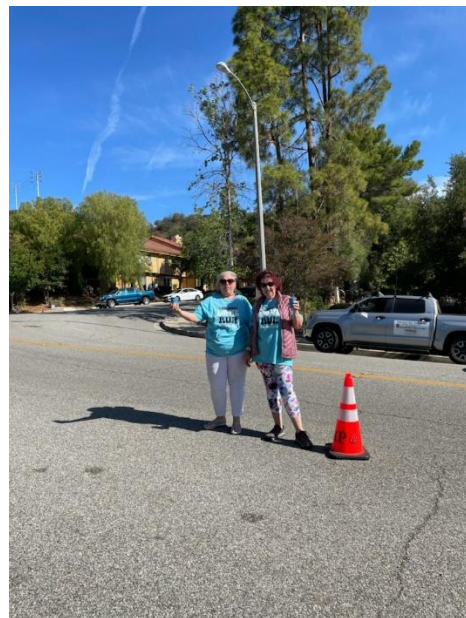
At our June business meeting, member Susanne White presented a personal project where she sold painted rocks that had been created and donated by her friend, Barbara Fisher. The amount raised was \$132. Half of that amount was donated to the CIFORD Kenya international organization to help families with food insecurity due to the lack of rain for their crops. The other half was donated to our Live Your Dream Award program, to help provide local women with access to the education and training they need to achieve economic empowerment. Here are a few examples of the beautiful painted rocks!



## SIOCV Continues to Serve our Community



**Members of the club both support and attend the Mardi Gras Ball - a major fund raiser for Community Conscience our July Service Project**



**Above left Service Chair Leslie delivers new Socks and Panties to James Storehouse - 104 pair of socks and 80 Pairs of Panties. Right is Dee Dee and Susanne White volunteering at the Love Run in June.**



## Discovering Your Dreams

A National Soroptimist "Dream It Be It" 2023 Grant was awarded to the club in July. In 2023 SI of Conejo Valley will partner with the Girl Scouts of the Central Coast Senior and Cadette Programs. The DIBI program aligns very well with various Girl Scout badges - Finance 101- Career Development and Self-Care. We are looking forward to announcing when this event will take place and how it will support the young girls in the community.



# SOROPTIMIST

Best for Women®

What have the members been up to!!!

## July 9<sup>th</sup> Planning Retreat



2022 - 2023 Planning Session was held at President Suzanne Walker's residence in July preparing for a busy year!



**Rain or shine - Mammoth Bluseapalooza and Festival of Beers August 4 thru 7th was a blast, past President Karen and her friend Janie joined this year (above on left) -Leslie's Daughter Carly Calmes and son in law Jon Calmes also attended for the first time. Jon, Ernie Escoto, Carly Calmes and Leslie pictured below - The Calmes are planning on attending for many years to come.**



From member Marcy Shewmon - Husband Don had quadruple bypass surgery on 8/18 at Mercy General Hospital in Sacramento. He has had chest pains for a couple years (off and on) and we finally got a cardiologist who did an extensive set of tests and finally an angiogram, which showed he had blockage in all 4 arteries. They put him on a fast track and was in surgery within one week. He is doing good; the surgery went well, and he is recuperating. It will be a 3-month recovery period, but they say he is going to feel great. He is a diabetic, so they are working on controlling the blood sugar levels. He is in good spirits and has not lost his sense of humor, joking with the nurses and staff. They tell me he brightens their day. Please pray for continued success in the recovery and that they can get the blood sugar level under control.



**This Editions Recipe from member Leslie - "Tuscan Chicken Soup"**

**Ingredients**

**6 cups Chicken Broth  
1 Pound of ground chicken  
1 bag of frozen spinach  
4 cloves garlic crushed  
2 tablespoons Italian Seasoning  
1 can Cannellini Beans  
1 can Garbanzo Beans  
1 can diced tomato  
3/4 cup uncooked rice**

**Saute ground chicken in 2 tablespoons of Olive Oil - add all the ingredients and simmer for 45 minutes (cooking the rice)**



## **Calendar of Events**

**September 6 - Business Meeting Los Robles Greens 6:00 pm  
September 8 - 20th Annual Margarita Mix Off Los Robles Greens 5:30 pm  
September 20 - Service Grant Dinner Los Robles Greens 5:30 pm  
October 4 - Business Meeting Los Robles Greens 6:00 pm  
October 18 - Program Meeting Los Robles Greens 6:00 pm  
November 1 - Business Meeting Los Robles Greens 6:00 pm  
November 15 -Program Meeting Los Robles Greens 6:00 pm  
December 6 - Business Meeting Los Robles Greens 6:00 pm  
Holiday Party TBD  
No Program Meeting in December**



## Soroptimist Vision & Mission

### VISION

Women and girls have the resources and opportunities to reach their full potential and live their dreams.

### MISSION

Soroptimist improves the lives of women and girls through programs leading to social and economic empowerment.

**CORE VALUES - Soroptimist** International of the Americas is committed to:

**Gender Equality:** Women and girls live free from discrimination.

**Empowerment:** Women and girls are free to act in their own best interest.

**Education:** Women and girls deserve to lead full and productive lives through access to education.

**Diversity & Fellowship:** Women from varied backgrounds and perspectives work together to improve the lives of women and girls.

### Soroptimist Pledge

I pledge allegiance to Soroptimist  
And to the ideals for which it stands;

The Sincerity of Friendship,

The Joy of Achievement,

The Dignity of Service,

The Integrity of Profession,

The Love of Country.

I will put forth my greatest effort to promote, uphold and defend these ideals for a larger  
fellowship in home, in society, in business, for country and for God.