

Welcome to 2022 Spring Edition of Bunny Tales from  
Soroptimist International of Conejo Valley



President Karen's Message

I cannot believe it is already May. It is funny. When I was younger my dad used to tell me "When you get older time goes by quickly." He was certainly right. Soroptimist International of Conejo Valley has been very busy over the past few months.

We awarded three Live Your Dream participants in February, had our annual Poker Run in March, had the opportunity to listen to some incredible guest speakers during our program meetings, welcomed new members, held various service projects and thirteen of our members had the opportunity to attend the Camino Real Region Spring Conference (for some it was our first conference).

During the conference our club was awarded the 2021 Celebrating Success Award 2021-2022 Governor's Club Award earning Second Place for Public Awareness.

Last but certainly not least, we finally celebrated our organization's 40<sup>th</sup> Anniversary on May 17<sup>th</sup>.

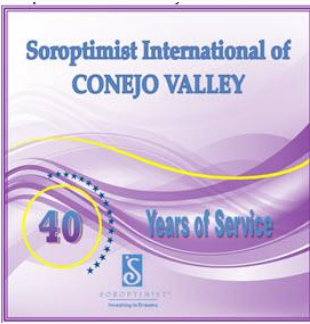
Can you believe that is just since the last newsletter? This club is phenomenal!

It does not end there, however. We are in the process of planning our 20<sup>th</sup> annual Margarita Mix Off (to be held in September), installing new officers for the 2022-2023 year, planning our first Dream It Be It program, and so much more.

As I reflect on this year, I am once again in awe of the amazing women in this club. They are tireless, energetic and dedicated to making Soroptimist International of Conejo Valley successful. Without them, none of our accomplishments would be possible. Ladies, I thank you for your incredible work.

Warmest wishes,  
Karen O'Mullan  
President SIOCV





SIOCV Celebrated our 40th Anniversary May 17th at Los Robles Greens. It was a fun evening to see past members, friends and soroptimisters join in the celebration.







## Other Celebrations This Year!!

### Soroptimist Celebrates 100 Years of Service



**SOROPTIMIST**  
CELEBRATING  
**100 YEARS**  
1921-2021  
**INTERNATIONAL**

BRIGHT PAST  
BRILLIANT FUTURE

**SOROPTIMIST**  
**Celebrating 100 Years**

#Soroptimist100

Soroptimist was formed in 1921 in Oakland, California, at a time when women were not permitted to join service organizations. Our name, loosely translated from the Latin, means best for women. Today, we have about 30,000 members and supporters in countries across North America, Latin America and the Pacific Rim. We are one of five federations that make up [Soroptimist International](#), which has clubs in more than 120 countries throughout the world.

#### Our Mission

Soroptimist is a global volunteer organization that provides women and girls with access to the education and training they need to achieve economic empowerment.

#### Our Vision

Women and girls have the resources and opportunities to reach their full potential and live their dreams.



## Virtual 47th Soroptimist Biennial Convention

SIA is thrilled to announce Nobel Laureate Malala Yousafzai as our keynote speaker for our 2022 Convention on Friday, July 22, and Saturday, July 23.

**Malala will speak that Friday.**

The virtual convention will bring thousands together for professional and personal development and focus on our Big Goal of investing in the dreams of half a million women and girls through access to education by 2031.



SI of Conejo Valley's 3rd Annual Poker Run  
on March 26, 2022 was a success and fun had by all.





**Sandy and Suzanne deal the riders their Poker Card  
at the very famous Rock Store**





Camino Real Region 2022 Spring Conference held  
April 22nd thru 24th at the Woodland Hills Marriot was a success!







**A SMALL BUT MIGHTY CLUB!**  
FunTimesCaptured.com



## Congratulations SI of Conejo Valley!

*2022 Camino Real Region Spring Conference  
We received Club Awards &  
individual acknowledgments  
for increased membership.*

**SI of Conejo Valley is honored with Recognition  
from Camino Real Region**



Recipe provided by Jacque Turner - YUMMY!!!

★★★★★ (7)

## Roasted Zucchini with Parmesan

SERVES: 4

PREP TIME: 5 min

COOK TIME: 10 min

CALORIES: 122

<https://themodernproper.com/roasted-zucchini-with-parmesan>

### Ingredients

2	medium sized zucchini, cut into 1/2 inch thick rounds
1/2 cup	grated parmesan cheese
1 tsp	garlic powder
2 tbsp	olive oil
3/4 tsp	sea salt
1/2 tsp	pepper



### Method

Preheat oven to 450°F

In a large bowl toss the zucchini with olive oil salt, pepper and garlic powder.

Arrange on a baking sheet, top with grated parmesan cheese and bake on center rack for 5 minutes, next broil the zucchini for 2-3 minutes or until cheese is golden brown.



# What have the members been up to!



Where is Karen???

**In September 2021 I decided to take a year off from teaching and travel the United States in a travel trailer with my dog, Destiny.**

**I was not an avid camper and I had not towed anything prior to this. Really, how hard can it be? I could always watch a YouTube video if I had any questions. Boy was I in for a reality check. LOL.**

**Towing a 26-foot trailer with a Land Rover by myself takes concentration, guts and lots of prayer. In the past 10 months I have driven in snow, wind, rain and heat. There were days I would drive for 3-4 hours to get to my destination and other days I would drive for 11-12 hours just so I could get back to my hometown. Not necessarily home since my home WAS the travel trailer. Oh, how I missed my comfy bed that was currently in storage just calling my name.**

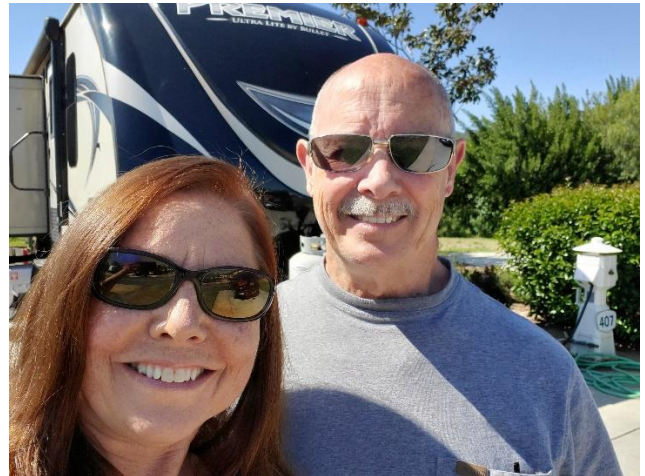
**I, along with my furry companion Destiny, have traveled to Utah, Arizona, New Mexico, Colorado, Nevada, Tennessee, Louisiana, Texas, Indiana, Idaho, Kansas, Missouri, Kentucky, Oregon, and South Carolina. I may have forgotten a couple of states. There is still so much of the United States that I have not seen. I have had the opportunity to visit friends who have moved to the other side of the nation.**

**I have met so many kind strangers who are willing to spend time to talk or help me fix my trailer when I hit a pole at a gas station. I know, typical female driver. I have held the steering wheel with both hands white knuckled when a driver cuts in front of me or the wind is so bad that my trailer is swinging. I have eaten delicious food (beverages too) in each state that I visited. I have hiked to see amazing views and have even lost my sole (sole of my shoe literally fell off half way through my hike). I have experienced freezing temperatures and been in tornado warnings, seen some amazing sunsets, sunrises, clear skies and star filled nights. I have seen all sorts of wildlife and amazing landscapes.**

**People have asked me, "Was it what I expected?" My answer is "No, not even close". Traveling by yourself has its challenges however, also has its advantages. It was an adventure I would not trade for the world. It has been amazing! It has been life changing!!**

**Now, where should I go next????????**

Debbie Shares some great photos - her granddaughter Elsie at 2 years old  
and Debbie and Don on vacation camping in Buellton California







SOROPTIMIST®

Investing in Dreams

SOROPTIMIST INTERNATIONAL OF CONEJO VALLEY



June 7 - Business Meeting - Los Robles Greens - 6:00 pm  
June 21 - Installation of New Officers - Los Robles Greens 6:00 pm  
July 5 - Business Meeting - Los Robles Greens  
July 9 - Annual Retreat and planning session  
July - No Program Meeting  
August 2 - Business Meeting - Los Robles Greens 6:00 pm  
August - No Program Meeting  
September 6 - Business Meeting - Los Robles Greens 6:00 pm  
September 8 - 20th Annual Margarita Mix Off - Los Robles Greens 5:00 pm  
September 20 - Program Meeting - Los Robles Greens 6:00 pm



## Soroptimist Vision & Mission

### VISION

Women and girls have the resources and opportunities to reach their full potential and live their dreams.

### MISSION

Soroptimist is a global volunteer organization that provides women and girls with access to the education and training they need to achieve economic empowerment.

### CORE VALUES - Soroptimist International of the Americas is committed to:

**Gender Equality:** Women and girls live free from discrimination.

**Empowerment:** Women and girls are free to act in their own best interest.

**Education:** Women and girls deserve to lead full and productive lives through access to education.

**Diversity & Fellowship:** Women from varied backgrounds and perspectives work together to improve the lives of women and girls.

### Soroptimist Pledge

I pledge allegiance to Soroptimist  
And to the ideals for which it stands;

The Sincerity of Friendship,

The Joy of Achievement,

The Dignity of Service,

The Integrity of Profession,

The Love of Country.

I will put forth my greatest effort to promote, uphold and defend these ideals for a larger fellowship in home, in society, in business, for country and for God.